

EVOLVE

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SELF-LEADERSHIP & EMOTIONAL INTELLIGENCE

Overview – Virtual eLearning training program

EVOLVE is a 3-month online training and coaching program for any individual or team who is looking to evolve their self-leadership and emotional intelligence. It increases participants' understanding of human behaviour, provides mind management principles, showcases practical ways to amplify your personal and professional effectiveness, and explores skills and tools to improve communications and relationships.

Is this you? You or your team needs:

To understand human behaviour more effectively and understand the impact they have on other team members (emotional intelligence)

A series of practical principles and tools when it comes to managing your mind

To increase your personal productivity, time and life management capabilities

To learn a series of skills which support more effective communication, improved team dynamics, trust and relationships (personally or professionally)



ENRICH AND IAN STEPHENS HAS HAD A PROFOUND EFFECT ON OUR STAFF. ROBUST TOOLS AND PRACTICAL STRATEGIES COMPLETE WITH ENGAGING FACILITATION AND DELIVERY. THANKS FOR HELPING US SHAKE OFF THE DROSS, IMPROVE OUR SELF-LEADERSHIP AND COMMUNICATION SKILLS.



Peter Langworthy
Managing Director,
DANA Australia

PLEASE CONTACT ENRICH TRAINING AND DEVELOPMENT
SUPPORT@ENRICHYOURRESULTS.COM.AU

Included in the Online 'EVOLVE' Program...

The EVOLVE program has been designed to deliver rapid results and reduce overwhelm!



Bi-Monthly Content

Get access to new content every fortnight. enRich's online coaching programs are designed to provide layered learning over time. Learn new skills and tools, then integrate and apply them on the job before getting one-on-one coaching.



Monthly Coaching Session with your enRich Coach

Two x one-on-one coaching sessions (Telephone or Online Meeting) to integrate the lessons and receive personalized coaching.



Bite-Sized Videos

Our content is delivered in the form of short, bite-sized videos to fit with your busy lifestyle and reduce overwhelm. This assures you take action and get results much faster.



Downloadable MP3 Audio

Each video is downloadable as an MP3 audio, for ease of use and on-the-move implementation.



Cheat Sheets & Handouts

You'll also get access to practical cheat sheets and handouts.



Home Joy

Plus there will be a small amount of Home Joy (small tasks you need to do each month between our Zoom sessions). This practical application guarantees you move faster towards your desired result.



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I PARTICIPATED IN YOUR COURSE A COUPLE OF MONTHS AGO. I WANTED TO SAY THANK YOU. I REALLY ENJOYED IT AND THE PRACTICAL TAKE-AWAY WAS AMAZING. I AM ALREADY SEEING RESULTS. THANKS AGAIN.

FRONTLINE RECRUITMENT FRANCHISEE, NSW

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WHAT'S INCLUDED:

- Understand why humans do what they do
- Learn 6 personal effectiveness principles
- Explore 6 principles and tools that allow you to manage your own mind and stay aligned to your purpose
- Understand 4 time and life management principles which will harness your focus and amplify your effectiveness
- Learn a foundation communication model and 4 supporting skills which will enhance your personal and professional relationships
- Discover the 'Take Action Triad' which will create amazing momentum



WHAT'S INSIDE THE ONLINE EVOLVE PROGRAM?

You get:

- 12 x weekly self-leadership modules
- 3 x 60-minute group virtual workshops with your trainer designed to customize the learnings and lessons to your world and industry (or one-on-ones if doing alone)
- 2 x bonus debrief sessions between your trainer and key leadership staff, to determine next steps in keeping the momentum created by the program alive

Over a 3-month blended learning process, EVOLVE will shift the dynamics of how you interact with others and skyrocket your personal effectiveness. Get ready to take your understanding of human behaviour and emotional intelligence to another level in your personal development and evolution.